

2025 CTAC Cross Country

Below is a list of meets available this fall. Some schools may travel to other Invitationals not listed.

Meets listed in *blue* text are school meets. **Entries must be made through your school coach.**

Meets listed in *red* text, are open to club members. You will be informed of entry deadlines and procedure via email for these.

Parents/Athletes, please circle Saturday/Sunday, November 15/16 and November 29/30 on your calendar. They are the dates of the Athletics Ontario Provincial Cross-country Championships, in Whitby, Ontario and Canadian Cross Country Championships in London, Ontario.

U14/U16/U18/U20 – Cross Country Meet Schedule 2025

Date	Venue	Location	Meet	Target Group
Sept. 24	Earl Bales Park	North York	Gravity Grinder	High School
October 1	Milne Conservation	Markham	Colts Classic	High School
October 7	Ashtonbee Park	Scarborough	Birchmount Invitational	High School
October 8	Boyd Conservation	Woodbridge	Huron Heights Harrier	High School
October 15	Sunnybrook Park	Toronto	TDSB North/East	High School
October 16	Sunnybrook Park	Toronto	TDSB South/West	High School
October 17	Toronto Beaches	Toronto	Boardwalk Relays	High School
October 22	Trinity College	Port Hope	CISAA Championships	High School
October 23	Sunnybrook Park	Toronto	Metro Championships	High School
October 24	Sunnybrook Park	Toronto	TDCAA Championships	High School
November 1	Heart Lake	Brampton	OFSAA	High School
November 15/16	Lakeridge Links	Whitby, ON	Athletics Ontario	Club (all ages)
November 29/30	Fanshawe GC	London, ON	Canadian Championships	Club (U14/U16/U18)