



## CTAC Early Bird Cross Country Meet



A fun, early season race opportunity for elementary school aged cross-country runners from grade 1 to 8. Runners may enter as part of a school team, Athletics Ontario club team, or unattached.

**Date:** Saturday September 26, 2026. \*No rain date planned\*

**Location:** Sunnybrook Park – 1132 Leslie Street, Toronto Ontario.

**Hosted by:** Central Toronto Athletic Club (<http://www.centraltorontoac.ca/>)

**Participants:** Open to ALL Ontario elementary school aged students grades 1-8

**Entry fee:** \$15.00/athlete. \$20 after September 21<sup>st</sup>. (Insurance included) (\$350 maximum per school/club)  
The entry fee includes insurance and an online processing fee.

### Entry Deadline:

Early Deadline: Monday September 21, 2026 11:59pm. Late Deadline: Thursday September 24, 2026 11:59pm.  
To register for the meet visit – <https://trackie.com/event/2026-ctac-elementary-xc>

### Race Number Pickup:

Race numbers will be available to pick-up at a tent onsite the morning of the race starting at about **8:00 am**. Please arrive **60** minutes prior to your race to allow time to pick up race numbers. A representative from each team will be required to pickup the package of numbers for the entire team and distribute the numbers to your athletes. For teams with less than 5 entries, numbers can be picked up by individuals.

### Tentative Race Schedule:

|                                    |     |                                   |
|------------------------------------|-----|-----------------------------------|
| Grade 1 & 2 (U8) girls 9:00 a.m.   | 1km | Grade 1 & 2 (U8) boys 9:15 a.m.   |
| Grade 3 & 4 (U10) girls 9:30 a.m.  | 2km | Grade 3 & 4 (U10) boys 9:50 a.m.  |
| Grade 5 & 6 (U12) girls 10:10 a.m. | 2km | Grade 5 & 6 (U12) boys 10:30 a.m. |
| Grade 7 & 8 (U14) girls 10:50 a.m. | 3km | Grade 7 & 8 (U14) boys 11:20 a.m. |

**\* Final Race Schedule will be published after the entry deadline. Race times may go ahead by a max. of 15 mins.**

### Waiver:

Please have each participant fill out and sign a copy of the waiver found online at the registration site and collect them. The school official picking up the package of race numbers on race day will need to provide the signed waivers at that time.

### Check in Procedure:

All competitors should arrive adjacent to the starting area 15 minutes before the start of their race already warmed up with their race bib on and ready to race. Please listen for instructions on when to enter the start area.

## Getting to the Park and Parking:

Enter the park at the entrance off Leslie Street just south of Eglinton Avenue. Proceed along the park road keeping to the right for about 1.75 km to get to the park stables. Proceed past the stables and go up the hill to get to the upper playing fields area. There are two parking lots on either side of the road just before the large white pavilion. In case these lots become full, you can continue along the park road past the pavilion and past the Start/Finish area. There is another large parking lot just past the Start/Finish area.

If park staff decide to keep the road gated just past the stables, the parking lot across from the stables will have to be used and athletes and spectators will have to walk up the hill to the playing fields. If the parking lot across from the stables becomes full, cars will be re-directed back to the previous parking lot located off the park road on the way in from the Leslie Street entrance. There are stairs from this parking lot which can be used to access the upper playing fields.

There will be portable toilets available for use on the south side of the white pavilion. Restrooms located in the building across from the stables should also be open.



**Courses:** The races use a 500m loop, 1km loop and 1.5km loop on flat, wide open trails and grass.

Gr. 1 & 2 (U8) 1km [1 x 1km loop]

Gr. 5 & 6 (U12) 2km [500m loop + 1.5km loop]

Gr. 3 & 4 (U10) 2km [500m loop + 1.5km loop]

Gr. 7 & 8 (U14) 3km [2 x 1.5km loop]

### Course Map:



Further questions can be answered by:

Al Pribaz, Meet Director

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